



# KEEP HEALTHY®

Every year,  
kidney disease  
kills more people  
than breast or  
prostate cancer.

## WHAT ARE KIDNEYS?

Kidneys are two small organs located directly under your rib cage. They are responsible for cleaning your blood and keeping your body's systems in balance.

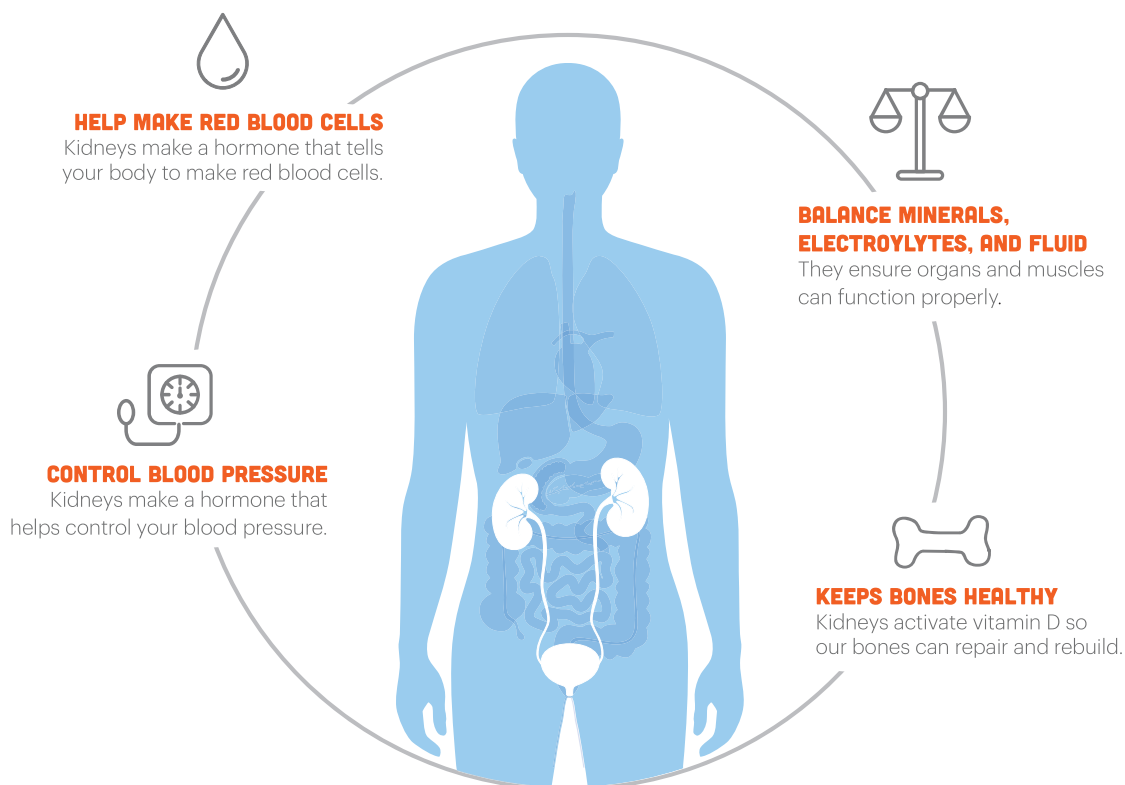
## WHAT DO KIDNEYS DO?

Kidneys remove waste products and excess fluids. They clean and filter your blood and make urine.

## WHAT IS KIDNEY DAMAGE?

Kidneys can become damaged from an inherited condition, a physical injury, or a disease like uncontrolled diabetes or high blood pressure. Medication, diet restrictions, lifestyle changes, and possibly dialysis treatment or a kidney transplant is needed to keep you healthy.

## KIDNEYS ARE MORE IMPORTANT THAN YOU THINK.



**Are You at Risk?**  
Please answer a few simple questions to find out if you are one of the 33% of adults in the U.S. who is at risk for kidney disease.