## UNIT OVERVIEW

STAGE ONE: Identify Desired Results					
Established Goals/ Standards	STAGE ONE: Identify Desired RetLong-Term TrAt the end of this unit, students will use what the plan, implement, and reflect on a scielMeanMeanEnduring Understandings Students will understand thatHuman performance and physical fitness depend on diet and exerciseThe conservation and transformation of energy and matter are found in all living 	ransfer Goal ney have learned to independently ntific investigation of their choosing.			
site of photosynthesis. The process of photosynthesis uses solar energy to combine the inorganic molecules carbon dioxide and water into 5.1 energy-rich b organic	Acquisition What knowledge will students learn as part of this unit? • Fitness as a function of activity level and diet • Matter and energy stored in food • Biologically important molecules • Enzyme function • Digestive system • Biosynthesis • Muscle structure and function • Matter and energy in human	<ul> <li>What skills will students learn as part of this unit?</li> <li>Controlled experimental design</li> <li>Comparing predicted and actual results</li> <li>Variables in experimental design</li> </ul>			

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	eliminate
	wastes.
	Biochemical
	processes, both
	breakdown and
	synthesis, are
	made possible
	by a large set of
	biological
	catalysts called
	enzymes. Enzymes can
	affect the rates
	of chemical
	change. The
	rate at which
	enzymes work
	can be
	influenced by
	internal
	environmental
	factors such as
	pH and
5.1f	temperature.
	Enzymes and
	other molecules,
	such as
	hormones,
	receptor
	molecules, and
	antibodies, have
	specific shapes that influence
	both how they
	function and
	how they
5.1	interact with
g	other molecules.
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	The atoms and molecules on
	the Earth cycle
	among the living
	and nonliving
	components of
	the biosphere.
	For example,
	carbon dioxide
	and water
	molecules used
	in
	photosynthesis
	to form energy-
6.1	rich organic
b	compounds are

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	returned to the		
	environment		
	when the energy		
	in these		
	compounds is		
	eventually		
	released by		
	cells. Continual		
	input of energy		
	from sunlight		
	keeps the		
	process going.		
	This concept		
	may be		
	illustrated with		
	an energy		
	pyramid.		
	Energy flows		
	through		
	ecosystems in		
	one direction,		
	typically from		
	the Sun, through		
	photosynthetic		
	organisms		
	including green		
	plants and		
	algae, to		
	herbivores to		
6.1	carnivores and		
а	decomposers.		
	The chemical		
	elements, such		
	as carbon,		
	hydrogen,		
	nitrogen, and		
	oxygen, that		
	make up the		
	molecules of		
	living things		
	pass through		
	food webs and		
	are combined		
	and recombined		
	in different		
	ways. At each		
	link in a food		
	web, some		
	energy is stored		
	in newly made		
	structures but		
	much is		
	dissipated into		
6.10	the environment		
0.10			

as heat.					
STAGE TWO: Determine Acceptable Evidence					
<u></u>	Assessment Evidence				
Criteria to assess	Performance Task focused on Transfer:				
understanding: (This is					
used to build the scoring	Ch. 9 "Being an experimental scientist" p. 514				
tool.)	<ul> <li>Preparation: which processes of science took place in "science all around you" p. 512? Identify 3-4 specific times when you used processes</li> </ul>				
ConceptQuestioning,	(in diagram provided); obtain rubric				
doing inquiry, and	<ul> <li>Identify and record a testable question, write down what is already</li> </ul>				
communicating results:	known and why the question is interesting or important				
Inquiry is based on an	<ul> <li>Write down the hypothesis you plan to test</li> </ul>				
interesting testable	<ul> <li>Record which of the 6 unifying principles of biology [unit titles] is most</li> </ul>				
question that can be	related to your hypothesis				
tested with the	<ul> <li>Gather more info using appropriate resources</li> </ul>				
equipment available and	• Design an experimentrationale, hypothesis, procedure, data analysis				
techniques that can be	<ul> <li>Write safety plan (chemicals, equipment, biological hazards)</li> </ul>				
conducted in this class.	<ul> <li>Get approval and carry out experiment</li> </ul>				
Hypothesis and	Organize data				
prediction are clearly	<ul> <li>Formulate an explanation of data that includes a claim, evidence, and</li> </ul>				
stated and explained.	reasoning				
	<ul> <li>Describe limitations and unexpected results</li> </ul>				
Design and execution of the inquiry: Experiment	<ul> <li>Explain what your explanation indicates about the testable question and hypothesis</li> </ul>				
is designed with reasonable and logical	• Describe how your work connects to broader questions in biology and to the unifying principle				
use of the concepts that are important for the	<ul> <li>Assemble a presentation of your full inquirywhat you did, why you did it, what you found out</li> </ul>				
chosen topic.	<ul> <li>ID connections between your full inquiry and the unifying</li> </ul>				
Explanation of the design	principles, tech, culture, history, and ethics				
makes good use of the	<ul> <li>Listen and participate in class discussion of the projects</li> </ul>				
vocabulary important to					
the experiment.					
Experimental design uses					
appropriate controls.					
Results are recorded	Other Assessment Evidence:				
clearly and accurately.					
	Ch. 7: "Marathon" p. 391Follow the progress of 4 people who entered a				
Explanation for scientific					
design and analysis	arathon, propose explanations for the roles matter and energy played in their				
based on the question	performances				
being asked: Analysis	<ul> <li>Read, divide the 4 members amongst team members, and review</li> </ul>				

discuss physiological data provided

clearly refers to the question, hypothesis, and prediction. Analysis relates 2 or more specific examples taken from the results to demonstrate a clear understanding of the phenomenon that took place.

Explanation for connections to the unifying principles of biology, technology, culture, history, and ethics: Presentation clearly and accurately explains the inquiry's connections to the unifying principles of biology, technology, culture, history, and ethics.

## Presentation:

Presentation is well organized and complete (contains a hypothesis, procedure, results, and analysis). Grammar and punctuation are used correctly, making it easy to understand what the writer meant.

- Calculate kcal burned per week during most intense training and kcal burned total during the marathon; add to data table
- Analyze training and performance on race day:
  - How did training schedule prepare them to finish, how did energy expenditure per week of training compare with amount of energy expended during marathon?
  - In weeks preceding race, did they increase or decrease intake of any class of nutrients?
  - Summarize strategy for training
  - On the day before the race, what strategies were they using
  - What strategies were they using during the race--pace, fluid intake, apparent stamina and success
  - Propose reasons why they felt the way they did at beginning, middle, and end of race
  - Propose ways your runner could have improved their race performance
- Modify conclusions based on group input
- Read "factors influencing performance p. 401 and use ch. 7 info to answer analysis questions
  - Explanation of why runners finished in the order that they did-evidence and reasoning from energy calculations plus factors that influence human performance
  - Compare training schedules and diets--recommend 2 training and 2 dietary strategies to a friend, explain physiological change(s) that you would expect as a result of each strategy; describe why such changes would be important to finishing the marathon
  - Explain how humans obtain energy from energy-yielding nutrients they ingest
  - Explain how the process of energy release from matter is more efficient in athletes
  - Write 2-3 paragraph explanation for how digestion, aerobic respiration, and biosynthesis contribute to the repair of a torn muscle in a marathon racer

Ch. 8: "Tracing matter and energy" p. 467--trace the path of a radioactive carbon atom through molecules, starting with  $CO_2$  and ending with part of a muscle protein in a human arm

- Construct a diagram or other visual aid to show a plausible set of events that could explain how a labeled carbon atom in a molecule of atmospheric CO<sub>2</sub> ends up in a human muscle protein--must actually occur in nature
- Label diagram with sequence of events and:
   Type of metabolic process in each step (breakdown or

<ul> <li>biosynthesis)</li> <li>Energy source for each step</li> <li>Matter source for each step</li> <li>Names of metabolic processes that occur in the sequence</li> <li>Class discussion/make appropriate changes</li> </ul>

(Code for Transfer, Meaning Making and Acquisition)	STAGE THREE: Plan Learning Experiences				
Lear	arning Events:	Evidence of learning: (formative assessment)			