

# OCTOBER 2025

## RCSD Elementary Breakfast Menu (BIC)

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

**Monday**



**Tuesday**



**Wednesday**

**Thursday**

**Friday**

Oatmeal Apple  
Cinnamon Bar

Golden Graham Cereal  
Tiger Bites

Honey Bunches of Oats  
Giant Cinnamon Goldfish

Apple Cinnamon  
Cheerios  
Honey Graham Crackers

Vanilla Yogurt  
Blueberry Pomegranate  
Granola Bar

**Indigenous Peoples' Day**  
**All Facilities Closed**

Cinnamon Toast Crunch  
Cereal  
Tiger Bites

Apple Cinnamon  
Cheerios  
Giant Cinnamon Goldfish

Honey Bunches of Oats  
Honey Graham Crackers

Ultimate Breakfast  
Round

Cocoa Cherry Bar

Golden Graham Cereal  
Tiger Bites

Frosted Flakes Cereal  
Giant Cinnamon Goldfish

Cinnamon Rice  
Chex Cereal  
Honey Graham Crackers

Blueberry Granola  
& Vanilla Yogurt Cup

Banana Chocolate  
Chip Bar

Cinnamon Toast Crunch  
Cereal  
Tiger Bites

Cinnamon Rice  
Chex Cereal  
Giant Cinnamon Goldfish

Frosted Flakes Cereal  
Honey Graham Crackers

Ultimate Breakfast  
Round

**Items Offered Daily:**

**Choice of: Milk: Skim, 1%, Fat Free Chocolate,  
Sun Butter & Jelly Sandwich.**