

OCTOBER 2025

RCSD High School Breakfast Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday

Tuesday

Wednesday

Thursday

Friday



Oatmeal Apple
Cinnamon Bar

Breakfast Pizza

Turkey Ham, Sausage
Cheese & Egg Breakfast
Flatbread

French Toast Sticks

Ultimate Breakfast
Round

Indigenous Peoples' Day
All Facilities Closed

Breakfast Bagel
w/Mozzarella & Eggs

Cinnamon Toast Crunch
Filled Bar

Buttery Maple
Snack'n Waffles

Ultimate Breakfast
Round

Cocoa Cherry Bar

Turkey Sausage, Egg &
Cheese Breakfast
Pocket

Breakfast Pizza

Mini Blueberry Pancakes

Blueberry Granola
& Vanilla Yogurt Cup

Banana Chocolate
Chip Bar

Maple Waffle w/Chicken
Sausage Sandwich

Turkey Ham, Sausage
Cheese & Egg Breakfast
Flatbread

French Toast Sticks

Ultimate Breakfast
Round

Items Offered Daily:

Choice of: Milk: Skim, 1%, Fat Free Chocolate,
Fruit. Assorted Whole Grain Cereal. [New Items.](#)