**East Physical Education**

UNIT: Floor Hockey

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| **Stage 1 Desired Results** | | |
| ESTABLISHED GOALS  Standard 1:  Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.  Standard 2:  Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.  Standard 3:  Students will understand and be able to manage their personal and community resources. | ***Transfer*** | |
| *Students will be able to independently choose to engage in (fill in the blank) in order to achieve and maintain a healthy lifestyle.* | |
| ***Meaning*** | |
| UNDERSTANDINGS  *Students will understand that… Answer your essential Questions*   * Students will understand the importance of fair organized sport * Students will understand the importance of proper form of shooting, passing , and   goaltending   * Students will understand the importance of use of the floor and dimensions of rink * Students will understand the importance of working with a peer coach | ESSENTIAL QUESTIONS   * Why is it important to stay in position? * What is Sportsmanship? * What are the benefits of having a peer coach * For both pupil and coach? * Is it important to play in a fair and organized manner? |
| ***Acquisition*** | |
| *Students will know…*   * Students will know the proper technique for shooting, passing, and goaltending * Students will know basic rules of Hockey * Students will know the how to officiate a hockey * Students will know how organize and manage a game | *Students will be skilled at…*   * Students will be able to perform the proper technique for shooting, passing, and goaltending * Students will be able to play offense and defense * Students will be able to score their own games * Students will be able officiate a match * Students will be able play by following the rules of hockey |
| **Stage 2 - Evidence** | | |
| **Evaluative Criteria** | **Assessment Evidence** | |
| Participation/Sportsmanship | PERFORMANCE TASK(S):   * Daily Grade based on Department established Rubric. * Daily Fitness component towards Fitnessgram improvement * Improvement of Skill level through tasks, skills, and student led games | |
| Written Assignments | OTHER EVIDENCE:   * Written assignment on skills, rules, and impact on overall wellness | |
| **Stage 3 – Learning Plan** | | |
| *Summary of Key Learning Events and Instruction*   |  |  |  |  | | --- | --- | --- | --- | | ***DAY 1*** | ***DAY 2*** | ***DAY 3*** | ***DAY 4*** | | Intro to   * *What do students know about Hockey* * History of Floor Hockey * Rules of Floor Hockey   Review etiquette and personal and social responsibilities.  Health/skill Related Fitness Components  Discuss/handouts community resources for…... Area Gyms, YMCA, rec centers, neighborhood possibilities) | Review: Rules, formation and Ready Position  Teach: Basic Rules of Hockey, wrist shot, passing, goaltending, faceoffs  Games: to practice each shot taught for the day. | Review:  Basic Rules of Hockey, wrist shot, passing, goaltending  Teach: backhand shot, slapshot, types of penalties, positions  Games: practice each shot and develop skill through repetition and cues | Review:  Basic Rules of Hockey, wrist shot, passing, goaltending  Teach: NHL teams names, locations, watch a period of a hockey game for homework  Games:  Unit Test | | ***DAY 5*** | ***DAY 6*** | ***DAY 7*** | ***DAY 8*** | |  |  |  |  | | | |