**East Physical Education**

UNIT: Floor Hockey

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| **Stage 1 Desired Results** |
| ESTABLISHED GOALSStandard 1:Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.Standard 2:Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.Standard 3:Students will understand and be able to manage their personal and community resources. | ***Transfer*** |
|  *Students will be able to independently choose to engage in (fill in the blank) in order to achieve and maintain a healthy lifestyle.* |
| ***Meaning*** |
| UNDERSTANDINGS *Students will understand that… Answer your essential Questions** Students will understand the importance of fair organized sport
* Students will understand the importance of proper form of shooting, passing , and

goaltending* Students will understand the importance of use of the floor and dimensions of rink
* Students will understand the importance of working with a peer coach
 | ESSENTIAL QUESTIONS * Why is it important to stay in position?
* What is Sportsmanship?
* What are the benefits of having a peer coach
* For both pupil and coach?
* Is it important to play in a fair and organized manner?
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| ***Acquisition*** |
| *Students will know…* * Students will know the proper technique for shooting, passing, and goaltending
* Students will know basic rules of Hockey
* Students will know the how to officiate a hockey
* Students will know how organize and manage a game
 | *Students will be skilled at…* * Students will be able to perform the proper technique for shooting, passing, and goaltending
* Students will be able to play offense and defense
* Students will be able to score their own games
* Students will be able officiate a match
* Students will be able play by following the rules of hockey
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| **Stage 2 - Evidence** |
| **Evaluative Criteria** | **Assessment Evidence** |
| Participation/Sportsmanship | PERFORMANCE TASK(S): * Daily Grade based on Department established Rubric.
* Daily Fitness component towards Fitnessgram improvement
* Improvement of Skill level through tasks, skills, and student led games
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| Written Assignments | OTHER EVIDENCE:* Written assignment on skills, rules, and impact on overall wellness
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| **Stage 3 – Learning Plan** |
| *Summary of Key Learning Events and Instruction*

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| ***DAY 1*** | ***DAY 2*** | ***DAY 3*** | ***DAY 4*** |
| Intro to * *What do students know about Hockey*
* History of Floor Hockey
* Rules of Floor Hockey

Review etiquette and personal and social responsibilities.Health/skill Related Fitness ComponentsDiscuss/handouts community resources for…... Area Gyms, YMCA, rec centers, neighborhood possibilities) | Review: Rules, formation and Ready PositionTeach: Basic Rules of Hockey, wrist shot, passing, goaltending, faceoffsGames: to practice each shot taught for the day. | Review: Basic Rules of Hockey, wrist shot, passing, goaltendingTeach: backhand shot, slapshot, types of penalties, positionsGames: practice each shot and develop skill through repetition and cues | Review: Basic Rules of Hockey, wrist shot, passing, goaltendingTeach: NHL teams names, locations, watch a period of a hockey game for homeworkGames: Unit Test |
| ***DAY 5*** | ***DAY 6*** | ***DAY 7*** | ***DAY 8*** |
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