



SEPTEMBER 2025

RCSD Middle School Breakfast Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday

1
Labor Day
(All facilities closed)

8
Oatmeal Apple
Cinnamon Bar

15
Apple Benefit Bar

22
Cocoa Cherry Bar

29
Banana Chocolate
Chip Bar

Tuesday

2
Superintendent's
Conference Day
(No school for students)

9
Breakfast Pizza

16
Breakfast Bagel
w/Mozzarella & Eggs

23
Turkey Sausage Egg &
Cheese Breakfast Pocket

30
Maple Waffle w/Chicken
Sausage Sandwich

Wednesday

3
Superintendent's
Conference Day
(No school for students)

10
Breakfast Burrito Egg,
Sausage Potato & Cheese

17
Cinnamon Toast Crunch
Filled Bar

24
Breakfast Pizza

Thursday

4
French Toast Sticks

11
Eggo Froot Loop
Waffles

18
Buttery Maple Snack'n
Waffles

25
Mini Blueberry Pancakes

Friday

5
Ultimate
Breakfast Round

12
Blueberry Pomegranate
Granola Bar
Vanilla Yogurt

19
Ultimate
Breakfast Round

26
Blueberry
Granola &
Vanilla Yogurt Cup

Items offered Daily:

**Choice of: Milk: Skim, 1%, Fat Free Chocolate, Assorted Whole Grain Cereal
Fruit**