

# New York State Physical Education Learning Standards

## 1. PERSONAL HEALTH & FITNESS

Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.

## 2. A SAFE & HEALTHY ENVIRONMENT

Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.

## 3. RESOURCE MANAGEMENT

Students will understand and be able to manage their personal and community resources.

