

East Lower School Physical Education

Unit: Soccer

ESTABLISHED GOALS		
<p>Standard 1: Students will have the necessary knowledge and skills to establish and maintain physical fitness, participate in physical activity, and maintain personal health.</p> <p>Standard 2: Students will acquire the knowledge and ability necessary to create and maintain a safe and healthy environment.</p> <p>Standard 3: Students will understand and be able to manage their personal and community resources.</p>	Transfer	
	Scholars will demonstrate tenacity seeking skill development and refinement. They will think purposely when developing a plan for lifelong health and wellness, understanding the value of a physically active lifestyle and the implications of inactivity. They will advocate for themselves and others by seeking out opportunities in the community to be physically active with friends and family	
	Meaning	
	<p>UNDERSTANDINGS</p> <p><i>Students will understand that...</i></p> <ul style="list-style-type: none"> • Soccer involves leadership, problem solving, cooperation and teamwork • Respect to all players regardless of ability, acknowledging the accomplishments of other players. • Teamwork is a necessary ingredient for group success in all team sports. • Skill acquisition is improved through ongoing participation in physical activities 	<p>ESSENTIAL QUESTIONS</p> <ul style="list-style-type: none"> • How do group activities influence the development of social skills? • How is sportsmanship and fairness related to the enjoyment of physical activity? • How can feedback impact skill level?
	Acquisition	
	<p><i>Students will know...</i></p> <p>specific skills: Passing, trapping, dribbling, shooting</p> <ul style="list-style-type: none"> • Strategy: Sequences, cutting, angles • Rules/Scoring of a game • Positive communication and cooperative team settings will be evident amongst teams. 	<p><i>Students will be skilled at...</i></p> <ul style="list-style-type: none"> • Procedures for participating in skill drills/game play • Individual sport specific skills • Positive participants/team leaders • Scoring the game

Evaluative Criteria	Assessment Evidence
<ul style="list-style-type: none"> Active Time Rubric Personal Social Responsibility Rubric Summative Skill Assessment 	PERFORMANCE TASK(S): <ul style="list-style-type: none"> Peer Assessment Self-Assessment Teacher feedback during drills Student Demonstrators/Leaders
Soccer Written Assignments	OTHER EVIDENCE: <ul style="list-style-type: none"> Written assignment on skills, rules, and impact on overall wellness

Learning Targets – Soccer 6-8

Day 1

1. I can demonstrate my understanding of appropriate personal and social responsibility (*sportsmanship - helping someone up off the ground, teamwork - high fives, advocating for self and others - support teammates with fair play*) during practice and games.
- I can demonstrate the proper dribbling technique by keeping the ball close and controlled while maneuvering around the field.
- I can demonstrate proper dribbling technique by avoiding objects and players while dribbling at a jogging or running speed.
- I can demonstrate control by keeping possession of soccer ball in a game setting.

Day 2

- I can demonstrate the proper pass and trap technique while passing with a partner.
- I can demonstrate passing to a target 4 out of 5 times using correct form.
- I can demonstrate passing and movement off the ball in small sided games.

Day 3

- I can demonstrate proper shooting technique by striking the ball with my shoelaces when shooting at the target.
- I can identify at least three positions on a soccer field using thumbs up thumbs down protocol.

Day 4

- I can demonstrate a restart by performing one in a game setting.
- I can demonstrate a throw in using proper technique in a game setting.
- I can demonstrate understanding of the rules during the soccer game.