

Isniin

Monday

Talaado

Tuesday

Arbaco

Wednesday

Khamiis

Thursday

Jimco

Friday



Rooti French
dhaadheer

1

Buskud Quraac
Wareegsan

2

Boorash Tufaax
Qarfe Baar

5

Biisa Quraac

6

Rooti Burrito, Ukun
Sasej, Bardho & Farmaajo

7

Rootiga Waffles ka Eggo
Froot Loop

8

Jery Fanila Yogurt
Blueberry Rumaan
Baar

9



Tufaax Baar

12

Begal
leh/Farmaajo & Ukun

13

Ukun & Farmaajo
Korsaaran Rooti
English Muffin

14

Rooti Subag Malab
Snack'n Waffles

15

Buskud Quraac
Wareegsan

16

Moos Shukulaato Jabjab
Baar

19

Turki Sasej Ukun &
Farmaajo

20

Biisa Quraac

21

Canjeero Yaryar laga
sameeyay Blueberry

22

Jery Fanila Yogurt
Blueberry Rumaan
Baar

23

Maalinta Xasuusta
Ciidamada Dhinteen
Dhamaan xarumaha
wey xiranyihiin

26

Boorash Tufaax
Qarfe Baar

27

Turkey Ham, Sasej,
Farmaajo & Ukun
korsaaran Rooti Fidsan

28

Rooti French
dhaadheer

29

Buskud Quraac
Wareegsan

30

Waxyaabaha la bixiyo Maalin Kasto:

Caanaha: Dufun la'aan, 1% Cadaan, Shukulaato Dufun la'aan,
Furuut, Wax Cusub.

