

Isniin

Monday

Talaado

Tuesday

Arbaco

Wednesday

Khamiis

Thursday

Jimco

Friday



3

Boorash Tufaax
Qarfe Baar

4

Maalinta Shirka
Kormeeraha Guud/
Maalinta Doorashada
Ardayda iskool
ma u jiro

5

Siiriyaal Honey Bunches
of Oats
Buskud Honey Graham
Crackers

6

Siiriyaal Apple Cinnamon
Cheerios
Buskud Honey Graham
Crackers

7

Fanila Yogurt
Blueberry Romaan Gran-
ola Baar

10

Tufaax Benefit Baar

11

Maalinta Ciidamada
Dhamaan Xarumaha
Wey Xiranyihiin

12

Siiriyaal Apple Cinnamon
Cheerios
Buskud Giant Cinnamon
Goldfish

13

Siiriyaal Honey Bunches
of Oats
Buskud Honey Graham
Crackers

14

Buskudka Ultimate Break-
fast
Round

17

Cocoa Jery Baar

18

Siiriyaal Golden Gra-
ham
Tiger Bites

19

Siiriyaal Frosted Flakes
Buskud Giant Cinnamon
Goldfish

20

Siiriyaal Cinnamon Rice
Chex
Buskud Honey Graham
Crackers

21

Blueberry Granola
& Fanila Yogurt

24

Moos Shukulaato
Jabjab Baar

25

Siiriyaal Cinnamon
Toast Crunch
Tiger Bites

26

Fasaxa Thanksgiving
(Ardayda iskool ma u jiro
Nov. 26-28)

27

Thanksgiving
(Dhamaan Xarumaha Wey
Xiranyihiin
Nov. 27-28)

28

Fasaxa Thanksgiving
Dhamaan Xarumaha Wey
Xiranyihiin

Wayaabaha la Bixiyo Maalin Kasto:

Doorashada Caanaha: Dufun la'aan, 1%, Shukulaato Dufun la'aan,
Loose & Malmalaato Sandwij.

(Macluumaadka xasaasiyada waa la heli karaa hadii la codsado)